

September 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
2	3	4	5	6	7	8	
	LABOR DAY WORKOUT 10 AM w/ all Trainers	Conditioning 5:15 AM w/ Erin (45 Min) 5:30 PM w/ Keybeck (60 Min)	Upper 5:15 AM w/ Keybeck (45 Min) 7 PM w/ Erin (60 Min)	Conditioning 5:15 AM w/ April (45 Min) 5:30 PM w/ Keybeck (60 Min)	Lower 5 AM - 7 AM OPEN GYM	Strength & Conditioning Day Total Body Conditioning 10 AM- w/ Keybeck (60 Minutes)	
9	10	11	12	13	14	15	
	Full Body 1 5:15 AM w/ April (45 Min) 7 PM w/ Kayce (60 Min)	Cardio & Core 5:15 AM w/ Erin (45 Min) 5:30 PM w/ Saleema (60 Min)	WEEK 1 OF SEPTEMBER 4-Week Program		Full Body 2 5 AM - 7 AM OPEN GYM 7 PM w/ Erin (60 Min)	Cardio & Core 5:15 AM w/ April (45 Min) 5:30 PM w/ Saleema (60 Min)	Full Body 3 5 AM - 7 AM OPEN GYM
16	17	18	19	20	21	22	
	Full Body 1 5:15 AM w/ April (45 Min) 7 PM w/ Kayce (60 Min)	Cardio & Core 5:15 AM w/ Erin (45 Min) 5:30 PM w/ Saleema (60 Min)	WEEK 2 OF SEPTEMBER 4-Week Program		Full Body 2 5 AM - 7 AM OPEN GYM 7 PM w/ Erin (60 Min)	Cardio & Core 5:15 AM w/ April (45 Min) 5:30 PM w/ Saleema (60 Min)	Full Body 3 5 AM - 7 AM OPEN GYM
23	24	25	26	27	28	29	
	Full Body 1 5:15 AM w/ April (45 Min) 7 PM w/ Kayce (60 Min)	Cardio & Core 5:15 AM w/ Erin (45 Min) 5:30 PM w/ Saleema (60 Min)	WEEK 3 OF SEPTEMBER 4-Week Program		Full Body 2 5 AM - 7 AM OPEN GYM 7 PM w/ Erin (60 Min)	Cardio & Core 5:15 AM w/ April (45 Min) 5:30 PM w/ Saleema (60 Min)	Full Body 3 5 AM - 7 AM OPEN GYM
30	1	2	3	4	5	6	
	Full Body 1 5:15 AM w/ April (45 Min) 7 PM w/ Kayce (60 Min)	Cardio & Core 5:15 AM w/ Erin (45 Min) 5:30 PM w/ Saleema (60 Min)	FINAL WEEK OF SEPTEMBER 4-Week Program		Full Body 2 5 AM - 7 AM OPEN GYM 7 PM w/ Erin (60 Min)	Cardio & Core 5:15 AM w/ April (45 Min) 5:30 PM w/ Saleema (60 Min)	Full Body 3 5 AM - 7 AM OPEN GYM

NOTES:

Infinite CU
1827 Springer Dr.
Champaign, IL 61821
Classes are held at Song's Kung Fu, Enter Through the Metal Door on the Northeast Side

Beginner Boot Camps
New Clients: \$100
Recurring Clients: \$75
Check website for details and start date!

Monthly Membership Options
12 Months: \$55 a Month
6 Months: \$65 a Month

Paid In Full Membership Options
12 Months: \$660
6 Months: \$390

Class Pass Options
20 Class: \$150
10 Class: \$80
\$10 Drop In

New to Infinite CU?
1st Class is FREE!

We offer PERSONAL TRAINING; Check website for prices.

For more info and to register for training, please visit our website.
www.InfiniteCU.com
PHONE: 217-202-6913